

OCTOBER 2024 ISSUE



electricworks

Community News

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Occupier spotlight

We recently caught up with long standing ADL Smartcare employee **Helen Skelton** at the EW Summer Garden Party and took this photo.



adlsmartcare.com

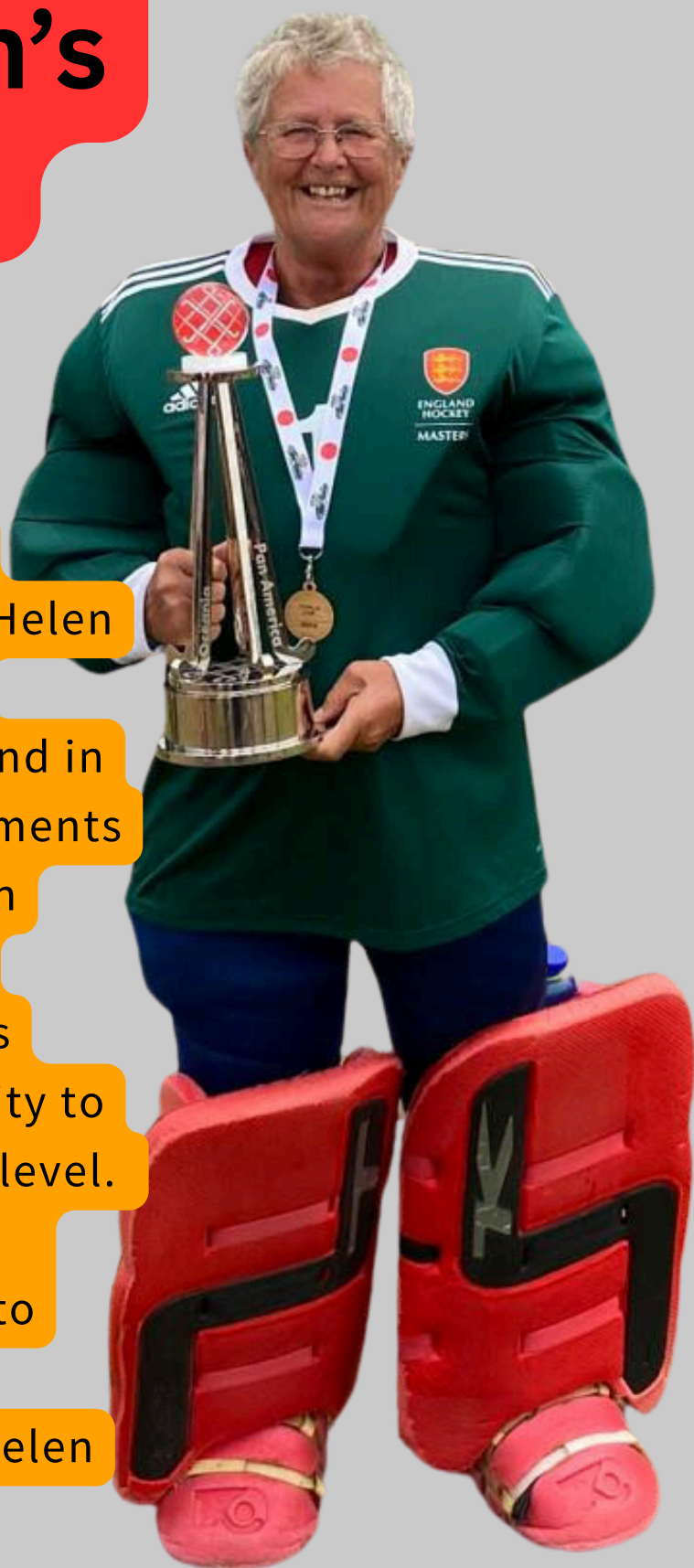
ADL Smartcare have been a central part of the Electric Works community since 2009. ADL Smartcare work in the UK and internationally with private individuals, health and social care professionals, policy makers and businesses. The team want to help people live better for longer and empower them to maintain their independence. They have gathered years of professional advice and poured it into The LifeCurve™.

The LifeCurve™ is a healthy ageing toolkit founded on research, showing that people lose the ability to complete activities of daily living in a specific order. With one simple quiz, you can see how well you are ageing and be specifically matched to movement routines, services and products to help you maintain, or even recover, your ability. Whether you're an employee looking after an older relative, you employ older people, you want to age better yourself, or you'd like to see someone you know age better, you can visit thelifecurve.com

And in Helen's spare time...

As well as leading specialist projects for ADL Smartcare, Helen is a pro hockey goalkeeper, regularly representing England in international hockey tournaments around the world. Helen is an exemplar of healthy ageing, committing to regular fitness training to maintain her ability to compete at an international level.

Next month Helen will head to New Zealand representing England Over 70s! We wish Helen the best of luck!





A date for your diary



welcometosheffield/business

Meet the Local Experts - Insider Tips from Successful Entrepreneurs

**Tuesday, October 15
5:30 - 7:30pm
Electric Works**

[Book now](#)



Join businesses founders, leaders and entrepreneurs for this networking and knowledge-share event here at Electric Works. You can expect to make new connections within Sheffield's business community and benefit from a Q&A session to learn from leaders across all sectors. Whether you're in tech, retail, services, or manufacturing, the session will provide insights and tips from top local entrepreneurs who have successfully built and grown their businesses.

Community news: £130 raised for Cancer Charity



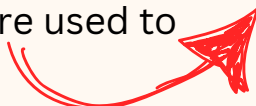
Well done to our newest occupiers Koncept Rail Solutions, who this week raised £130 for Macmillan Cancer Support, with a community coffee morning and team quiz.

donate



Why not test your knowledge?

1. Which two colours form alternate check pattern in the sponge of a Battenberg?
2. What kind of oranges are used to make marmalade?



3. In which coffee would you find hot chocolate?
4. Which three sauces make up Prawn Cocktail sauce?
5. In which season do people traditionally drink Pumpkin Spice latte?
6. Cheddar cheese originates from which British County?
7. Which sponge butter cake is named after a Portuguese wine?
8. Focaccia originates from which country?



sevenhillswiskyyfestival.co.uk

£20 discount to all Electric Works Occupiers

We've been approached by a local event organiser who would like to offer all our occupiers a discount when booking onto Sheffield's specialist Whiskey Festival happening Saturday 5 October. We appreciate this may have quite a niche following, but we wanted to share the opportunity with everyone. So, for all those whiskey-lovers out there, here is your EW discount code to input when booking tickets: INDUSTRY20

[Book now](#)





WHAT'S ON IN SHEFFIELD?



Peddler Market N° 87: 10th Birthday Special

Bringing back some of the legendary traders from the early days, come down for an incredible weekend of street food, craft beers and cocktails, live music and shopping from some of the finest independent makers around.

04 - 05 Oct 2024

Black History Month 2024 Film Festival

In celebration of Black History Month 2024, Showroom Cinema celebrates the strength, creativity, and resilience of the Black and POC community.

05 Oct - 6 Nov 2024



Off The Shelf Festival of Words 2024

Sheffield's annual festival celebrating books, words and ideas! Now in its 33rd year, the 2024 edition of the festival is presenting one of their biggest, most ambitious and diverse editions yet.

27 Oct - 03 Nov 2024

Steel City Beer and Cider Festival 2024

The annual Steel City Beer and Cider Festival returns to Kelham Island Museum for the 48th year.

16 - 19 Oct 2024





WHAT'S ON IN SHEFFIELD?



Whirlow's Indoor Pumpkin Patch

Back for 2024! Whirlow's Pumpkin Patch, a great day out for all of the family- including our four-legged friends! Forgot the wellies and waterproofs as the pumpkin patch is all indoors, in the lambing barn!

19 - 20 Oct 2024

The Yorkshire Chocolate Festival

Indulge in the taste of luxury as South Yorkshire youth homelessness charity Roundabout returns with The Yorkshire Chocolate Festival for autumn 2024!

19 Oct 2024



Witches & Wizards!

Are you ready for some spooky surprises and mystical mayhem this October half-term holiday at the Tropical Butterfly House Wildlife Conservation Park!

19 Oct- 3 Nov 2024



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